

MIDDLE SCHOOL

DAILY GRAB AND GO LUNCH



Hot off the Grill

Burgers

Hot dogs



Cub Cart

Spicy/regular
Chicken sandwich

Pizza

PB&J

April

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*Spring
Break*

7

Corn Dog
Cheese & Green Chili Tamale
Uncrustable, PB & Grape Jelly
Greek Pasta Salad

8

Teriyaki Chicken Meal w/ Brown
Rice & Edamame
Grilled Cheese Sandwich
Chicken Caesar Salad
Uncrustable, PB & Grape Jelly

9

BBQ Pork Sandwich
Fruit & Yogurt Parfait
Scratch Made Deli Sandwich
Uncrustable, PB & Grape Jelly
Asian Noodle Salad

10

Mozzarella Breadstick
Breaded Fish Sandwich
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

13

Chicken Drumstick & Waffle Meal
Quesadilla, Cheese & Green
Chile
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

14

Chicken and Cheese Taquitos
Macaroni & Cheese
Uncrustable, PB & Grape Jelly
Greek Pasta Salad

15

Orange Chicken Rice Bowl
Three Cheese Calzone
Chicken Caesar Salad
Uncrustable, PB & Grape Jelly

16

Italian Beef Parmesan Sandwich
Fruit & Yogurt Parfait
Scratch Made Deli Sandwich
Uncrustable, PB & Grape Jelly
Asian Noodle Salad

17

French Bread Cheese Pizza
Buffalo Chicken Stuffed Sandwich
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

20

Chicken Tender Meal
Bean and Cheese Burrito
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

21

Popcorn Shrimp
Cheese & Green Chili Tamale
Uncrustable, PB & Grape Jelly
Greek Pasta Salad

22

Chicken Egg Roll & Fried Rice
Grilled Cheese Sandwich
Chicken Caesar Salad
Uncrustable, PB & Grape Jelly

23

BBQ Rib Sandwich
Fruit & Yogurt Parfait
Scratch Made Deli Sandwich
Uncrustable, PB & Grape Jelly
Asian Noodle Salad

24

Cheese Pizza
Pepperoni Pizza
Taco Roll Up
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

27

Buffalo Wing Meal
Cheese Quesadilla
Uncrustable, PB & Grape Jelly
Popcorn Chicken Salad

28

Mini Cheeseburgers
Macaroni & Cheese
Uncrustable, PB & Grape Jelly
Greek Pasta Salad

29

General Tso's Chicken w/
Edamame and Rice
Three Cheese Calzone
Chicken Caesar Salad
Uncrustable, PB & Grape Jelly

30

Chicken Parmesan Sandwich
Fruit & Yogurt Parfait
Scratch Made Deli Sandwich
Uncrustable, PB & Grape Jelly
Asian Noodle Salad

ALL MEALS INCLUDE FRESH SEASONAL FRUIT AND VEGETABLES, AND LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A COMPLETE MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL AT NO CHARGE. MENU SUBJECT TO CHANGE.