

SCHOOL BREAKFAST

All students are offered, free of charge, brunch during their morning break. Brunch Includes Entrée, Fresh fruit, and 1% unflavored milk. Students must take 3 meal components. An entrée and at least one fruit to receive their meal at no charge.

STRONGER WITH SCHOOL BREAKFAST



School breakfast is shown to provide about...



48%
OF THE FRUIT



40%
OF THE DAIRY FOODS



30%
OF THE WHOLE GRAINS

students need for the entire day.

Based on the School Nutrition and Meal Cost Study, 2019

