

Tiger Express

SCRATCH MADE DAILY

FRUIT & YOGURT PARFAIT (V)

SPECIALTY SALADS & WRAPS

BISTRO & PB&J BOXES (V)

BEVERAGES

WATER \$1.75

IZZE \$1.75

LACROIX \$1.50

PROPEL \$1.75

CAPRI SUN \$1.00

ADULT MEAL \$5.58

ALL MEALS INCLUDE FRESH SEASONAL FRUIT AND VEGETABLES, LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL AT NO CHARGE. MENU SUBJECT TO CHANGE.

ALL MEALS MUST BE COMPLETED WITH FRUIT OR VEGETABLE

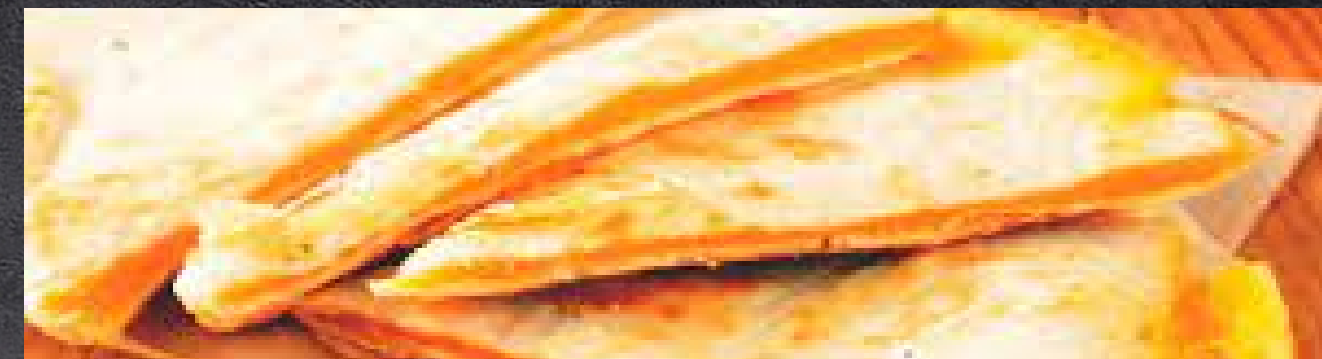
MONDAY-CHICKEN TENDERS & FRIES

SPICY OR CRISPY CHICKEN TENDERS WITH FRIES AND GARLIC BREAD.



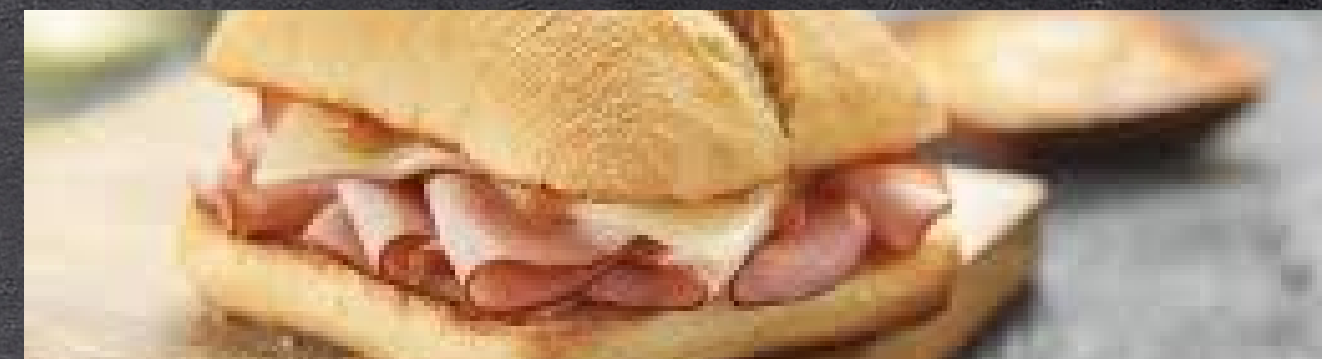
TUESDAY-QUESADILLA

SCRATCH MADE CHICKEN OR CHEESE (V)



WEDNESDAY-HOT SANDWICH

HAM & SWISS MELT, PESTO BASIL TURKEY MELT, OR CAPRESE MELT (V).



THURSDAY-LASAGNA & CHEESE RAVIOLI

LASAGNA WITH MEAT SAUCE, LASAGNA WITH ZUCCHINI & MARINARA (V), OR MINI CHEESE RAVIOLI & GARLIC TOAST (V)



FRIDAY -SPECIALTY PIZZA

CHEESE (V), PEPPERONI WITH A ROTATION OF PESTO BASIL (V), BBQ CHICKEN, OR BUFFALO CHICKEN.



(V) VEGETARIAN