



High School

March Tiger Cafe

BRUNCH SERVED DAILY DURING MORNING BREAK.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

RIB SANDWICH OR MOZZERELLA CHEESE BREAD 2

FRENCH BREAD PIZZA OR CHICKEN & CHEESE TAQUITOS 3

GENERAL TSO CHICKEN BOWL OR VEGGIE DUMPLING BOWL 4

TURKEY PASTRAMI OR SHRIMP POPPERS 5

CHICKEN ALFREDO OR PESTO ALFREDO 6

BBQ PORK SANDWICH OR CHEESE ENCHILADAS 9

CHICKEN TENDER MEAL OR THREE CHEESE CALZONE 10

TERIYAKI CHICKEN & BROCCOLI BOWL OR CHILI CHEESE TAMALE 11

PHILLY STEAK OR GRILLED TWO CHEESE SANDWICH 12

CHILI MAC OR FISH SANDWICH 13

RIB SANDWICH OR MOZZERELLA CHEESE BREAD 16

TIKKA MASALA 17

GENERAL TSO CHICKEN BOWL OR VEGGIE DUMPLING BOWL 18

BUFFALO CHICKEN SANDWICH OR FISH SANDWICH 19

PUPIL FREE DAY! 20

TERIYAKI PORK SANDWICH OR CHEESE ENCHILADAS 23

BUFFALO WING MEAL OR THREE CHEESE CALZONE 24

CHICKEN EGG ROLL & FRIED RICE BOWL OR CHILI CHEESE TAMALE 25

PATTY MELT OR GRILLED TWO CHEESE SANDWICH 26

NASHVILLE HOT CHICKEN MEAL OR POPCORN SHRIMP 27

Spring Break

STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR FREE MEAL. LUNCH INCLUDES ENTRÉE, FRESH FRUIT, VEGETABLES, AND LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. MENU SUBJECT TO CHANGE.