

HIGH SCHOOL GRAB & GO

May & June

LUNCH INCLUDES ENTRÉE, FRESH FRUIT, VEGETABLES, AND LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR FREE MEAL.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DRUMSTICKS & GARLIC BREAD OR CHICKEN QUESADILLA ⁶

ORANGE CHICKEN BOWL OR MOZZARELLA BREAD ⁷

POTSTICKERS & EDAMAME OR CHICKEN TENDERS & GARLIC BREAD ⁸

PIZZA VARIETY OR BBQ PORK SANDWICH ⁹

NEW BEEF TACO TOTCHOS ¹⁰

BUFFALO CHICKEN WINGS OR CHICKEN TAMALE ¹³

TERIYAKI CHICKEN & RICE OR MOZZARELLA BREAD ¹⁴

TIKKA MASALA OR CHICKEN TENDERS & GARLIC BREAD ¹⁵

PIZZA VARIETY OR CUBAN SANDWICH ¹⁶

NASHVILLE HOT CHICKEN & WAFFLE OR CHILI MAC ¹⁷

BBQ CHICKEN & CORN BREAD OR CHICKEN QUESADILLA ²⁰

KOREAN BEEF & BROCCOLI OR MOZZARELLA BREAD ²¹

TACO BOWL OR CHICKEN TENDERS & GARLIC BREAD ²²

PIZZA VARIETY OR MEATBALL SANDWICH ²³

TAQUITOS OR MACARONI & CHEESE ²⁴

²⁷ MEMORIAL DAY!!

²⁸ ORANGE CHICKEN BOWL

²⁹ CHICKEN TENDERS & GARLIC BREAD

³⁰ PIZZA VARIETY

³¹ MOZZARELLA BREAD

BRUNCH
PIZZA BAGEL
ASSORTED ITEMS:
BAGELS & CREAM CHEESE
CEREAL
MUFFINS
CEREAL BARS
PANCAKES
WAFFLES
FRENCH TOAST
BREAKFAST SANDWICH

AL A CARTE SMART SNACKS
BAKED CHIPS
POP CHIPS
RICE KRISPY TREAT
BEEF JERKEY
BROWNIES
FRUIT SNACKS
KETTLE CORN
100% JUICE SLUSHIE
IZZE
WATER

ALL MEALS MUST BE COMPLETE WITH FRUIT OR VEGETABLE

Menu subject to change.