

# MIDDLE SCHOOL

## DAILY GRAB AND GO LUNCH

Hot off the Grill

Burgers

Hot dogs



Cub Cart

Spicy/regular

Chicken sandwich

Pizza

PB&J



# May & June

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

ALL MEALS INCLUDE FRESH SEASONAL FRUIT AND VEGETABLES, LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL AT NO CHARGE. MENU SUBJECT TO CHANGE.

CHICKEN TENDERS & 5  
GARLIC BREAD  
OR  
BEAN & CHEESE BURRITO

BREAKFAST FOR LUNCH 6  
DUTCH WAFFLE  
SAUSAGE & HASHBROWN

ORANGE 7  
CHICKEN & RICE  
OR  
GRILLED CHEESE

ITALIAN BEEF SANDWICH, 1  
YOGURT PARFAIT, OR  
DELI SANDWICH

FRENCH BREAD PIZZA 2  
OR  
TACO ROLL UP

DRUMSTICK & 12  
GARLIC BREAD  
OR  
FLAQUITOS

PASTA ALFREDO 13  
OR  
CHICKEN & CHEESE  
TAQUITOS

TERIYAKI 14  
CHICKEN & RICE  
OR  
QUESADILLA

PULLED PORK SANDWICH, 8  
YOGURT PARFAIT, OR  
DELI SANDWICH

MOZZARELLA 9  
BREAD STICKS  
OR  
PRETZEL DOG

CHICKEN TENDERS & 19  
GARLIC BREAD  
OR  
BEAN & CHEESE BURRITO

CHILI CHEESE FRIES 20  
OR  
VEGGIE LASAGNA

ORANGE 21  
CHICKEN & RICE  
OR  
GRILLED CHEESE

TERIYAKI PINEAPPLE 22  
PORK SANDWICH,  
YOGURT PARFAIT, OR  
DELI SANDWICH

DEEP DISH PIZZA 16  
OR  
CHEESE ENCHILADAS

MEMORIAL 26  
DAY  
HOLIDAY

DRUMSTICK & 27  
GARLIC BREAD  
OR  
FLAQUITOS

CHICKEN EGG 28  
ROLL BOWL  
OR  
QUESADILLA

CHICKEN PARM 29  
SANDWICH,  
YOGURT PARFAIT, OR  
DELI SANDWICH

PIZZABOLI 23  
OR  
GREEN CHILI TAMALES

CHICKEN TENDERS & 2  
GARLIC BREAD  
OR  
BEAN & CHEESE BURRITO

POPCORN CHICKEN 3  
MASHED POTATO BOWL  
OR  
CHEESE CALZONE

CHEF'S CHOICE 4

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER