BRUNCH SERVED DAILY DURING MORNING BREAK.

HiGH SCHOOL

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 *Pupil Free Day!*	3 BBQ Beef Rib Sandwich HS Mozzarella Bread Sticks (V) Greek Pasta Salad (V) Berry Yogurt Parfait (V)	4 Teriyaki Chicken & Rice Bowl Cheese & Green Chili Tamale (V) Popcorn Chicken Salad Berry Yogurt Parfait (V) Bistro Box (V)	5 Buffalo Chicken Sandwich Cheese Quesadilla (V) Asian Noodle Salad Berry Yogurt Parfait (V) Bistro Box (V)	6 Chicken Tender Meal Chile & Cheese Flauquito (V) Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)
9 Chicken Parmesan Sandwich French Bread Cheese Pizza (V) Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)	10 Chicken Egg Roll & Fried Rice Cheese Enchiladas (V) Greek Pasta Salad (V) Berry Yogurt Parfait (V)	11 *Veterans Day!*	12 Teriyaki Pineapple Pork Sandwich Grilled Two Cheese Sandwich (V) Asian Noodle Salad Berry Yogurt Parfait (V) Bistro Box (V)	13 Beef Chili Cheese Fries Mini Ravioli Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)
16 BBQ Beef Rib Sandwich HS Mozzarella Bread Sticks (V) Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)	17 Chicken Tikka Masala Chickpea Tikka Masala (V) Greek Pasta Salad (V) Berry Yogurt Parfait (V)	18 Sweet Chili Beef & Edamame Bowl Sweet Chili Beyond Beef & Edamame Bowl (V) Popcorn Chicken Salad Berry Yogurt Parfait (V) Bistro Box (V)	19 Walking Turkey Taco Cheese Quesadilla (V) Asian Noodle Salad Berry Yogurt Parfait (V) Bistro Box (V)	20 Pasta Marinara, Chicken Meatballs, Garlic Toast Three Cheese Calzone (V) Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)
23 *Thanksgiving Break*				
30 BBQ Beef Rib Sandwich HS Mozzarella Bread Sticks (V) Chicken Caesar Salad Berry Yogurt Parfait (V) Bistro Box (V)				



Happy Thanksgiving



STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL. AT NO CHARGE. LUNCH INCLUDES ENTRÉE, FRESH FRUIT, VEGETABLES, AND LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL.
MENU SUBJECT TO CHANGE.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER