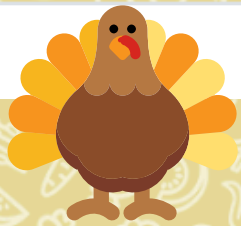
BRUNCH SERVED DAILY DURING MORNING RECESS.

November

Elementary Brunch

Monday	Tuesday	Wednesday	Thursday	Friday
Pupil Free Day!	3 WG Muffin Variety WG Cereal, 25% less Sugar	4 Puffed Pancake Variety WG Cereal, 25% less Sugar	5 Fruit & Yogurt Smoothie, Crackers WG Cereal, 25% less Sugar	6 Puffed French Toast & Chicken Sausage WG Cereal, 25% less Sugar Grab & Go Snack Pak
9 WG Artisan Waffle Variety WG Cereal, 25% less Sugar	10 Pizza Bagel WG Cereal, 25% less Sugar Grab & Go Snack Pak	**Veteran's Day!**	12 Concha Variety WG Cereal, 25% less Sugar	13 Sausage Sandwich WG Cereal, 25% less Sugar Grab & Go Snack Pak
16 WG Muffin Variety WG Cereal, 25% less Sugar	17 Beef Chorizo & Cheese Roll up WG Cereal, 25% less Sugar Grab & Go Snack Pak	18 Puffed Pancake Variety WG Cereal, 25% less Sugar	19 Mini Cinnis WG Cereal, 25% less Sugar	20 Emoji Waffle & Chicken Sausage WG Cereal, 25% less Sugar
30 WG Muffin Variety WG Cereal, 25% less Sugar				

Happy Thanksgiving!



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Brunch Includes protein, grains, fresh fruit, and 1% or nonfat unflavored milk. Students must take 3 of the 4 food groups offered for a "complete" meal. One item must be fruit or 100% fruit juice to receive their meal at no charge. Menu Subject to change.



IN COMPLIANCE WITH USDA REGULATIONS, SPUSD FOOD & NUTRITION HAS REDUCED ADDED SUGAR TO LESS THAN 10% OF AVERAGE CALORIES FOR THE WEEK FOR BRUNCH.