Middle School November

BRUNCH SERVED DAILY DURING MORNING BREAK





Hot off the Grill:
Burgers
Hot dogs

DAILY GRAB AND GO LUNCH
Spicy/Regular Chicken sandwich
PB&J



Pizza Variety
Assorted Salads

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pupil Free Day!	3 Chicken Tender Meal Macaroni & Cheese (V) Popcorn Chicken Salad Uncrustable, PB & Jelly (V)	4 General Tso's Chicken & Rice Bowl Cheese & Green Chili Tamale (V) Chicken Caesar Salad Uncrustable, PB & Jelly (V)	5 Chicken and Cheese Taquitos Scratch Made Deli Sandwich Berry Yogurt Parfait (V) Asian Noodle Salad Uncrustable, PB & Jelly (V)	6 Mozzarella Breadstick (V) Buffalo Chicken Stuffed Sandwich Popcorn Chicken Salad Uncrustable, PB & Jelly (V)
9 Buffalo Wing Meal Seasoned Bean Burrito (V) Popcorn Chicken Salad Uncrustable, PB & Jelly (V)	10 Teriyaki Chicken & Rice Bowl Grilled Cheese Sandwich (V) Greek Pasta Salad (V) Uncrustable, PB & Jelly (V)	**Veterans Day!**	12 BBQ Beef Rib Sandwich Scratch Made Deli Sandwich Berry Yogurt Parfait (V) Asian Noodle Salad Uncrustable, PB & Jelly (V)	13 Deep Dish Cheese Pizza Chile & Cheese Flauquito (V) Uncrustable, PB & Jelly (V) Popcorn Chicken Salad
16 Chicken Drumstick & Waffle Meal Cheese Quesadilla (V) Popcorn Chicken Salad Uncrustable, PB & Jelly (V)	17 Beef Chili Cheese Fries Macaroni & Cheese (V) Greek Pasta Salad (V) Uncrustable, PB & Jelly (V)	18 Orange Chicken & Rice Bowl Lasagna (V) Chicken Caesar Salad Uncrustable, PB & Jelly (V)	19 Beef Patty Melt Scratch Made Deli Sandwich Berry Yogurt Parfait (V) Asian Noodle Salad Uncrustable, PB & Jelly (V)	20 Cheese Pizza Pepperoni Pizza* Cheeseburger Calzone Popcorn Chicken Salad Uncrustable, PB & Jelly (V)
30 Chicken Corn Dog & Fries Seasoned Bean Burrito (V) Popcorn Chicken Salad Uncrustable, PB & Jelly (V)				

Happy Thanksgiving



ALL MEALS INCLUDE FRESH SEASONAL FRUIT AND VEGETABLES, LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL AT NO CHARGE. MENU SUBJECT TO CHANGE.

** BEEF & TURKEY PEPPERONI

(V) VEGETARIAN

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