

Elementary Brunch

October

**BRUNCH
SERVED DAILY
AT MORNING
RECESS.**

DAILY

Whole Grain,
25% reduced sugar
cereal,
Fresh Fruit,
low fat milk,
string cheese, &
whole grain
crackers



**MENU SUBJECT TO
CHANGE**

Monday

Tuesday

Wednesday

Thursday

Friday

PIZZA
BAGEL

1

CINNAMON
SWIRL

2

BERRY
FRENCH
TOAST

3

CINNI
MINI

4

**NO
SCHOOL!**

7

SOFT
PRETZEL

8

CONCHAS

9

PANCAKES

10

CINNAMON
CRUMB LOAF

11

WHOLE
GRAIN
MUFFIN

14

SAUSAGE
SANDWICH

15

CINNAMON
SWIRL

16

BUTTERY
MAPLE WAFFLE

17

STRAWBERRY
BAGEL

18

WHOLE
GRAIN
MUFFIN

21

SOFT
PRETZEL

22

CONCHAS

23

BANANA
BREAD

24

CINNAMON
CRUMB LOAF

25

PUMPKIN
MUFFIN

28

HAM & CHEESE
SLIDERS

29

CINNAMON
SWIRL

30

PANCAKES

31

Brunch Includes protein, grains, fresh fruit, and low-fat regular milk. Students must take 3 components for a "complete" meal. Students must take one fruit or juice to receive their free meal.

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