

BRUNCH
SERVED DAILY
AT MORNING
RECESS.

October

Elementary lunch

Monday

Tuesday

Wednesday

Thursday

Friday

ALL MEALS INCLUDE FRESH SEASONAL FRUIT AND VEGETABLES, LOWFAT REGULAR OR NON-FAT CHOCOLATE MILK. STUDENTS MUST TAKE 3 OF THE 5 FOOD GROUPS OFFERED FOR A "COMPLETE" MEAL. STUDENTS MUST TAKE AT LEAST ONE FRUIT OR ONE VEGETABLE TO RECEIVE THEIR MEAL AT NO CHARGE.

Pupil Free Day!

6
Ham & Swiss Croissant Melt
WowButter & Jelly Sandwich (V)

7
Chicken Tenders
Bean and Cheese Burrito

1
Pasta Marinara, Cheese, &
Garlic Bread (V)
Three Cheese Calzone (V)

2
Cheese Pizza Pocket (V)
WowButter & Jelly Sandwich (V)

12
Chicken Corn Dog
Macaroni & Cheese (V)

13
Sweet & Sour Chicken &
Brown Rice
WowButter & Jelly Sandwich (V)

14
Breaded Drumstick
Three Cheese Calzone (V)

8
Breakfast for Lunch
(Pancakes, Chicken Sausage,
& Hash Brown)
WowButter & Jelly Sandwich (V)

9
French Bread Cheese Pizza (V)
WowButter & Jelly Sandwich (V)

19
Breaded Chicken Sandwich
Cheese & Green Chili Tamale (V)

20
Teriyaki Beef Dunkers & Brown Rice
WowButter & Jelly Sandwich (V)

21
Chicken Tenders
Seasoned Bean Burrito (V)

15
BBQ Pork Sandwich
Yogurt & Granola (V)

16
Mozzarella Breadstick (V)
WowButter & Jelly Sandwich (V)

26
Mini Cheeseburgers
Macaroni & Cheese (V)

27
Chicken Egg Roll & Fried Rice
WowButter & Jelly Sandwich (V)

28
Bat Shaped Chicken Nuggets
Grilled Cheese Sandwich (V)
Pumpkin Cookie

22
Turkey Taco Tostada
Three Cheese Quesadilla (V)

23
Deep Dish Cheese Pizza
Deep Dish Pepperoni** Pizza
WowButter & Jelly Sandwich (V)

29
Chicken and Cheese Taquitos
Yogurt & Granola (V)

30
Pepperoni Pizza*
Cheese Pizza
WowButter & Jelly Sandwich (V)

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE

(V) VEGETARIAN

** BEEF & TURKEY PEPPERONI