

Daily Produce Elementary Sites

BREAKFAST FRUIT

2 1/2 CUP PORTIONS OF FRUIT MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR JUICE

MONDAY

APPLESAUCE
100% JUICE
RAISINS

TUESDAY

APPLE SLICES
DICED FRUIT CUP
RAISINS

WEDNESDAY

BANANAS
PEARS
RAISINS

THURSDAY

APPLE SLICES
ORANGE SLICES
RAISINS

FRIDAY

APPLES-WHOLE
100% JUICE
RAISINS

LUNCH FRUIT

2 1/2 CUP PORTIONS OF FRUIT MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR VEGETABLE

APPLES-WHOLE
DICED FRUIT CUP
CRAISINS

PEARS
SLICED ORANGES
CRAISINS

KIWI OR
CANTALOUPE
APPLES-WHOLE
CRAISINS

SLICED APPLES
BANANA
CRAISINS

APPLES-WHOLE
SEASONAL FRUIT
AMAZIN' RAISINS

LUNCH VEGETABLE

2 1/2 CUP PORTIONS OF VEGETABLES MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR VEGETABLE

CORN OR PEAS
BAKED BEANS
BABY CARROTS

CUCUMBER
EDAMAME
BABY CARROTS

CAESAR SALAD
POTATO VARIETY
BABY CARROTS

CELERY
PEAS OR JICAMA
BABY CARROTS

GARDEN SALAD
FAVA BEANS OR
CHICKPEAS
BABY CARROTS