

Daily Produce

BREAKFAST FRUIT

**2 1/2 CUP PORTIONS OF FRUIT MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR JUICE**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**APPLESAUCE
100% JUICE
RAISINS**

**APPLE SLICES
DICED FRUIT CUP
RAISINS**

**BANANAS
PEARS
RAISINS**

**APPLE SLICES
ORANGE SLICES
RAISINS**

**APPLES-WHOLE
100% JUICE
RAISINS**

LUNCH FRUIT

**2 1/2 CUP PORTIONS OF FRUIT MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR VEGETABLE**

**APPLES-WHOLE
DICED FRUIT CUP
FLAVORED RAISINS**

**PEARS
SLICED ORANGES
RAISINS**

**SEASONAL FRUIT
APPLES-WHOLE
FLAVORED RAISINS**

**SLICED APPLES
BANANA
RAISINS**

**SEASONAL FRUIT
FROZEN FRUIT CUP
RAISINS**

LUNCH VEGETABLE

**2 1/2 CUP PORTIONS OF VEGETABLES MUST BE OFFERED DAILY
STUDENTS MUST TAKE ONE SERVING FRUIT OR VEGETABLE**

**CORN OR PEAS
BAKED BEANS
BABY CARROTS**

**CUCUMBER
EDAMAME
BABY CARROTS**

**CAESAR SALAD
POTATO VARIETY
BABY CARROTS**

**CORN OR PEAS
CELERY
JICAMA
BABY CARROTS**

**GARDEN SALAD
FAVA BEANS OR
CHICKPEAS
BABY CARROTS**

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