

BRUNCH
SERVED DAILY
AT MORNING
RECESS.

September

Elementary Brunch



Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY

1
Hawaiian Ham & Cheese
Grab & Go Snack Pak
WG Cereal, 25% less Sugar

2
Concha Variety
WG Cereal, 25% less Sugar

3
Fruit & Yogurt Smoothie, Crackers
WG Cereal, 25% less Sugar

4
Puffed French Toast & Chicken
Sausage
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

8
WG Muffin Variety
WG Cereal, 25% less Sugar

9
Puffed Pancake Variety
WG Cereal, 25% less Sugar

10
Mini Cinnis
WG Cereal, 25% less Sugar

11
Sausage Sandwich
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

14
WG Artisan Waffle Variety
WG Cereal, 25% less Sugar

15
Soft Pretzel & Cream Cheese
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

16
Concha Variety
WG Cereal, 25% less Sugar

17
Strawberry Cream Cheese Bagels
WG Cereal, 25% less Sugar

18
Emoji Waffle & Chicken Sausage
WG Cereal, 25% less Sugar

21
WG Muffin Variety
WG Cereal, 25% less Sugar

22
Beef Chorizo & Cheese Roll up
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

23
Puffed Pancake Variety
WG Cereal, 25% less Sugar

24
Apple Frudel
WG Cereal, 25% less Sugar

25
Pancake & Turkey Sausage Bites
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

28
Mini French Toast Variety
WG Cereal, 25% less Sugar

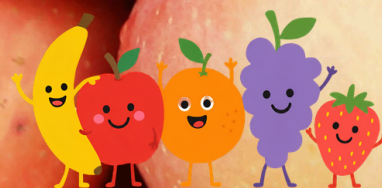
29
Egg, Cheese, & Turkey Sausage
Wrap
WG Cereal, 25% less Sugar
Grab & Go Snack Pak

30
Concha Variety
WG Cereal, 25% less Sugar

Brunch includes protein, grains, fresh fruit, and nonfat or 1% unflavored milk. Students must take 3 of the 4 food groups offered for a complete meal. One item must be fruit or 100% fruit juice to receive a meal at no charge. Menu Subject to Change.



IN COMPLIANCE WITH USDA
REGULATIONS, SPUSD FOOD & NUTRITION
HAS REDUCED ADDED SUGAR TO LESS
THAN 10% OF AVERAGE CALORIES FOR
THE WEEK FOR BRUNCH.



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